

# Brooks' House of Bar-B-Q Menu Allergen Supplemental Guide

This guide is based from the FDA, 8 most common allergens for all ingredients and procedures in the menu items listed below. Please ask your server if you have any questions regarding the ingredients or how a menu item is prepared and they will get an owner or manager to answer any questions you may have. We strive to ensure that your entire experience here at Brooks' House of Bar-B-Q is the most pleasurable and that includes your health, high regard to food safety and our keen awareness of allergens.

## FDA Most Common Allergens\*:

MILK, EGGS, FISH, CRUSTACEAN SHELLFISH, TREE NUTS, PEANUTS, WHEAT, SOYBEANS

\*If there is an allergen that is not present in the 8 most common listed above, please also ask your server or an owner or manager and they will get the information you are requesting.

\*If ordering anything from the fryer and you have intolerance to any of the above allergens (i.e. shellfish), please speak with your server.

\*\*The HOOD Ice Cream that we serve does share equipment that also runs products that contain egg, soy, wheat, tree nut and peanut.

- **Appetizers**
  - **Buffalo Chicken Wings**
    - MILK in Mild, Medium, Hot, BBQ, Zesty BBQ, Garlic Parmesan and Honey Garlic
    - SOY in Teriyaki & Honey Garlic
  - **Boneless Buffalo Wings (also Buffalo Chicken Tenders)**
    - MILK in Mild, Medium, Hot, BBQ, Zesty BBQ, Garlic Parmesan and Honey Garlic
    - SOY in Teriyaki & Honey Garlic
    - WHEAT
    - SOY in Breading
  - **Pork Hawg Wings**
    - MILK in Mild, Medium, Hot, BBQ, Zesty BBQ, Garlic Parmesan and Honey Garlic
    - SOY in Teriyaki & Honey Garlic
  - **Pulled Pork Fries**
    - MILK
  - **Mozzarella Sticks**
    - MILK, WHEAT, SOY
  - **Soups**
    - Chicken Noodle – WHEAT, EGG
    - Vegetable Beef – SOY, WHEAT, FISH
    - Southwest Corn Chowder – MILK, WHEAT
    - New England Clam Chowder – MILK, SHELLFISH, WHEAT, SOY
    - Broccoli Cheese Soup – MILK, WHEAT, FISH
    - Potato Soup – MILK, WHEAT, SOY

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- **Specialty Salads**
  - BBQ Chicken Salad – MILK, EGG
  - Chicken Caesar Salad – MILK, FISH
  - Buffalo Chicken Salad – MILK, WHEAT, SOY
  - Chef Salad – MILK, EGG
  - \*\*Croutons – MILK, WHEAT
  
- **Sides**
  - Onion Rings – FISH, WHEAT, MILK, SOY
  - Mac 'n Cheese – MILK, WHEAT
  - Coleslaw – EGG, SOY
  - Potato Salad – EGG
  - Macaroni Salad EGG, WHEAT
  - Pasta Salad – MILK, WHEAT
  
- **BBQ Sandwiches & Burgers (See Bread Section Below for Bread Allergens)**
  - Pulled Pork Sandwich – MILK
  - Pork Bun – MILK (from sauce)
  - Beef Bun – MILK (from sauce)
  - Chicken Spiedie – MILK (from Butter on bun), SOY (from grilling spray)
  - Grilled Chicken Breast Sandwich – SOY (from grilling spray)
  - Buffalo Chicken Breast Sandwich – MILK, WHEAT
  - All American Cheeseburger – MILK (from cheese), SOY (from grilling spray)
  - Bacon Cheddar Burger – MILK (from cheese), SOY (from grilling spray)
  - Mushroom Swiss Burger – MILK (from cheese), FISH (from mushrooms), SOY (from grilling spray)
  - Black Bean Burger – SOY
  
- **Sandwiches**
  - Buffalo Chicken Salad Wrap – MILK, SOY
  - Chicken Caesar Wrap – MILK, FISH, SOY, EGG
  - Turkey BLT – EGG, SOY (from Mayonnaise)
  - Roast Beef – EGG, SOY (from Mayonnaise)
  - Grilled Cheese – MILK (from butter and cheese)
  - BLT – EGG, SOY (from mayonnaise)
  - Chicken Salad – EGG, SOY (from mayonnaise)
  - Tuna Fish Salad – FISH, EGG, SOY (egg/soy from mayonnaise)
  - Egg Salad – EGG, SOY (from mayonnaise)

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- **Entrees**
  - Chicken Dinner & Senior Chicken Dinner – EGG
  - Pulled Pork Dinner & Senior Pulled Pork Dinner – MILK
  - Chicken & Pulled Pork Dinner – EGG, MILK
  - BBQ Pork Rib Dinner & Senior BBQ Pork Rib Dinner – MILK
  - Chicken & Rib Combo Dinner – EGG, MILK
  - BBQ Platter – EGG, MILK
  - BBQ Sampler Dinner – EGG, MILK
  - New York Strip Steak – SOY (from grilling spray)
  - Grilled Salmon – SOY (from grilling spray), FISH
  - Trout Dinner - SOY (from grilling spray), FISH
  - Breaded Seafood Platter – FISH, SHELLFISH, WHEAT, EGG, SOY (soy in cod portion)
  - Chicken & Biscuits – MILK, WHEAT
  
- **Desserts**
  - Pies:
    - Dutch Apple – WHEAT, SOY
    - Chocolate Cream – MILK, WHEAT
    - Coconut Cream – MILK, WHEAT
    - Lemon Meringue – EGG, MILK, WHEAT
  - \*\*Ice Cream and Ice Cream Sundae – MILK (see page one shared equipment)
  - Chocolate Truffle Cake – MILK, WHEAT
  - \*\*Fudge Brownie Sundae – MILK, WHEAT, EGG, SOY (see page one shared equipment)
  - Strawberry Shortcake – WHEAT, MILK
  - Tapioca Pudding – MILK, EGG
  
- **Beverages**
  - \*\*Milk Shakes – MILK (see page one shared equipment)
  - Milk - MILK
  - Chocolate Milk – MILK
  
- **Breads**
  - Dinner Roll – SOY, WHEAT
  - Home Baked Bread – MILK, SOY, EGG, WHEAT
  - Wraps – WHEAT
  - Multigrain & White Bread – EGG, SOY, WHEAT
  - Spiedie Roll – WHEAT, SOY, MILK, EGG, TREE NUT
  - Hamburger (small) and Hot Dog Rolls – WHEAT, SOY, MILK
  - Hard Roll (BBQ Sandwiches, Burgers) – WHEAT, SOY, MILK, EGG, TREE NUT
  - Biscuit – WHEAT, MILK
  
- **Dressings**
  - Ranch – EGG, MILK, SOY
  - 1000 Island – SOY, EGG
  - Catalina – SOY
  - Bleu Cheese – MILK, EGG, SOY
  - Caesar – SOY, MILK, EGG, FISH
  - Honey Mustard – SOY, EGG

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