

# Brooks' House of Bar-B-Q Menu Allergen Supplemental Guide

This guide is based from the FDA, 8 most common allergens for all ingredients and procedures in the menu items listed below. Please ask your server if you have any questions regarding the ingredients or how a menu item is prepared and they will get an owner or manager to answer any questions you may have. We strive to ensure that your entire experience here at Brooks' House of Bar-B-Q is the most pleasurable and that includes your health, high regard to food safety and our keen awareness of allergens.

## FDA Most Common Allergens\*:

MILK, EGGS, FISH, CRUSTACEAN SHELLFISH, TREE NUTS, PEANUTS, WHEAT, SOYBEANS, SESAME

\*If there is an allergen that is not present in the 8 most common listed above, please also ask your server or an owner or manager and they will get the information you are requesting.

\*If ordering anything from the fryer and you have intolerance to any of the above allergens (i.e. shellfish), please speak with your server.

\*\*The HOOD Ice Cream that we serve does share equipment that also runs products that contain egg, soy, wheat, tree nut and peanut.

- **Appetizers**
  - **Hushpuppies**
    - MILK, WHEAT & SOY
- **Fried Cheese Curds**
  - MILK, WHEAT
  - BBQ Dressing: EGG
- **Buffalo Cauliflower (see wing sauces section for additional allergens)**
  - MILK & Wheat
- **Buffalo Chicken Wings (see wing sauces section for additional allergens)**
- **Boneless Buffalo Wings (see wing sauces section for additional allergens)**
  - WHEAT in boneless wings and tender breading
- **Pulled Pork Fries**
  - MILK
- **Mozzarella Sticks**
  - MILK, WHEAT, SOY
- **Soups**
  - Chicken Noodle – WHEAT, EGG
  - Broccoli Cheese Soup – MILK, WHEAT, FISH

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- **Specialty Salads**
  - BBQ Chicken Salad – MILK, EGG
  - Chicken Caesar Salad – MILK, FISH
  - Buffalo Chicken Salad – MILK, WHEAT (see wing sauces section for additional allergens)
  - \*\*Croutons – MILK, WHEAT
- **Sides**
  - Onion Rings – FISH, WHEAT, MILK, SOY
  - Mac ‘n Cheese – MILK, EGG, WHEAT
  - Coleslaw – EGG
  - Potato Salad – EGG
  - Macaroni Salad - EGG, WHEAT
  - Pasta Salad – MILK, WHEAT
- **BBQ Sandwiches, Burgers & Sandwiches (See Bread Section Below for Bread Allergens)**
  - Pulled Pork Sandwich – MILK
  - BBQ Brisket Sandwich – MILK (from sauce on side)
  - Chicken Spiedie – MILK (from Butter on bun), SOY (from grilling spray)
  - Grilled Chicken Breast Sandwich – SOY (from grilling spray)
  - All American Cheeseburger – MILK (from cheese), SOY (from grilling spray)
  - Bacon Cheddar Burger – MILK (from cheese), SOY (from grilling spray)
  - Mac & Cheese Burger – EGG, MILK, WHEAT
  - The Hickory Burger- MILK
  - Buffalo Chicken Breast Sandwich (see wing sauces section for additional allergens)
    - Wheat
  - Buffalo Mac & Cheese Chicken Breast Sandwich (see wing sauces section for additional allergens)
    - WHEAT, MILK, EGG
  - Crispy Chicken Breast Sandwich
    - WHEAT, MILK, EGG
  - Black Bean Burger – SOY
  - Pulled Pork Grilled Cheese - MILK
  - Grilled Cheese – MILK (from butter and cheese)
  - Chicken Salad – EGG (from mayonnaise)
- **Entrees**
  - Chicken Dinner & Senior Chicken Dinner – EGG
  - Pulled Pork Dinner & Senior Pulled Pork Dinner – MILK
  - Beef Brisket Dinner & Senior Beef Brisket Dinner – MILK (from sauce on side)
  - BBQ Pork Rib Dinner & Senior BBQ Pork Rib Dinner – MILK
  - Chicken & Pulled Pork Combo Dinner – EGG, MILK
  - Beef Brisket & Chicken Combo Dinner – EGG, MILK (from sauce on side)
  - Chicken & Rib Combo Dinner – EGG, MILK
  - Pulled Pork & Beef Brisket Combo Dinner – MILK
  - BBQ Pork Rib & Beef Brisket Combo Dinner – MILK
  - BBQ Pork Rib & Pulled Pork Combo Dinner - MILK
  - BBQ Platter – EGG, MILK
  - Grilled Salmon – SOY (from grilling spray), FISH
  - Chicken & Biscuits (seasonal) – MILK, WHEAT

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- **Desserts**
  - Pies:
    - Dutch Apple – WHEAT, SOY, MILK
    - Lemon Meringue – EGG, MILK, WHEAT
  - \*\*Ice Cream – MILK (see page one shared equipment)
  - Strawberry Shortcake – WHEAT, MILK
  - Chocolate Overload Cake – EGGS, MILK, SOY, WHEAT
  - Coconut Cloud Cake – EGGS, MILK, SOY, WHEAT, TREE NUTS
  - Strawberry Cake – MILK, EGG, WHEAT, SOY
  - Tapioca Pudding – MILK, EGG
- **Beverages**
  - \*\*Milk Shakes – MILK (see page one shared equipment)
  - Milk - MILK
  - Chocolate Milk – MILK
- **Breads**
  - Dinner Roll – SOY, WHEAT
  - Cornbread – MILK, WHEAT, EGG
  - White, Sourdough Bread – WHEAT – May contain EGG, MILK, SOY
  - Spiedie Roll – WHEAT
  - Hot Dog Rolls – WHEAT
  - Gourmet Shine Bun (BBQ Sandwiches, Burgers) – WHEAT
  - Biscuit – WHEAT, MILK – May contain EGG, SOY
- **Dressings**
  - Ranch – EGG, MILK, SOY
  - 1000 Island – SOY, EGG
  - Catalina – SOY
  - Bleu Cheese – MILK, EGG, SOY
  - Caesar – SOY, MILK, EGG, FISH
  - Honey Mustard – SOY, EGG
- **Wing Sauces:**
  - MILK in Mild, Medium, Hot, BBQ and Zesty BBQ
  - MILK, EGG in Buffalo Bleu
  - MILK & SOY in Garlic Parmesan
  - SOY & SESAME in Ginger Sesame

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